

**STUDENT NAME:**

**GRADE:**

**Week: 1**

**MONTH: JANUARY 2019**

Date	Mon	Tues	Wed	Thurs	Fri
				3 <sup>rd</sup>	4 <sup>th</sup>
<b>Meal 1</b>					
<b>Sand</b>					

**Week: 3**

Date	Mon	Tues	Wed	Thurs	Fri
	14 <sup>th</sup>	15 <sup>th</sup>	16 <sup>th</sup>	17 <sup>th</sup>	18 <sup>th</sup>
<b>Meal 1</b>					
<b>Sand</b>					

Date	28 <sup>th</sup>	29 <sup>th</sup>	30 <sup>th</sup>	31 <sup>st</sup>	
<b>Meal 1</b>					
<b>Sand</b>					

**Week: 2**

Date	Mon	Tues	Wed	Thurs	Fri
	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>
<b>Meal 1</b>					
<b>Sand</b>					

**Week: 4**

Date	Mon	Tues	Wed	Thurs	Fri
	21 <sup>st</sup>	22 <sup>nd</sup>	23 <sup>rd</sup>	24 <sup>th</sup>	25 <sup>th</sup>
<b>Meal 1</b>					
<b>Sand</b>					