

LSK CAFETERIA MENU

January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>DAILY BREAKFAST:</u> <ul style="list-style-type: none"> CEREAL/OATMEAL TOAST/BAGELS FRESH FRUIT GRANOLA BARS CHEESE/YOGURT MUFFINS 	<u>DAILY SANDWICHES:</u> <ul style="list-style-type: none"> HAM & CHEESE WOW BUTTER & JAM JUST WOW JUST JAM CHEESE WIZ TURKEY ROAST BEEF 	WELCOME BACK, I HOPE EVERYONE HAD AN AMAZING TIME WITH FAMILY AND FRIENDS OVER THE HOLIDAYS!! ☺	3 Breakfast - Continental Lunch - Breakfast - Continental Lunch - Spaghetti & G Bread Spag Noodles, Ground Beef, Tomato Sauce, Garlic bread	4 Breakfast - Continental Lunch - Breakfast - Continental Lunch - Chicken Bowl Mashed potatoes, Popcorn Chicken, Corn, Cheese, and Gravy
7 Breakfast - Continental Lunch - Baked Chicken Penne Penne Pasta, Creamy Tomato Sauce, Garlic Bread	8 Breakfast - Continental Lunch - Honey Garlic Meatballs Lean Ground Beef, Honey Garlic Sauce, Rice, Cooked Veggies, Egg Roll	9 Breakfast - Continental Lunch - Kaiser & Chips Kaiser, Ham, Salami, Cheese, Chips, Condiments	10 Breakfast - Continental Lunch - Pepperoni Pizza Flat Bread, Pepperoni, Low Fat Cheese, Salad	11 Breakfast - Continental Lunch - Bowtie Chicken Pasta Chicken, Tomato Sauce, Bowtie Pasta, Garlic Bread
14 Breakfast - Continental Lunch - Chicken Burgers Bun, Chicken Burger, Sweet Potato Fries	15 Breakfast - Continental Lunch - Macaroni & Garlic Bread Elbow Pasta, Whole Canned Tomatoes, Ground Beef	16 Breakfast - Continental Lunch - Chicken Balls & Rice Breaded Chicken, Rice, and Cooked Veggies, Egg Roll	17 Breakfast - Continental Lunch - Homemade Mac&Cheese Elbow pasta, Homemade low fat cheese sauce, Garlic bread	18 IN-SERVICE DAY NO SCHOOL
21 Breakfast - Continental Lunch - Garlic Fingers & Salad Flat Bread, Low Fat Cheese, Salad	22 Breakfast - Continental Lunch - Soft Beef Tacos & Rice Soft shell tacos, Taco beef, Rice	23 Breakfast - Continental Lunch - Chicken Alfredo Alfredo Sauce, Chicken, Garlic Bread	24 Breakfast - Continental Lunch - Hamburger Gravy Lean Ground Beef, Mashed Potatoes, Veggies, Roll	25 Breakfast - Continental Lunch - Hamburgers & Salad Beef Patty, Bun, Condiments, Salad
28 Breakfast - Continental Lunch - Sloppy Jos Ground Beef, Tomato Sauce, Hamburger bun, Salad	29 Breakfast - Continental Lunch - Nachos & Salad Corn chips, Ground beef, Low fat cheese, Salsa, Condiments, Salad	30 Breakfast - Continental Lunch - Meatball Subs & Salad Meatballs, Bun, Cheese, Peppers & Onions	31 Breakfast - Continental Lunch - Crispy Chicken Wraps Chicken Strip, Wrap, Lettuce, Cheese, Sweet Potato Fries	

Milk is provided with Breakfast & Lunch daily!!

We now have a water bottle filling station if you would like to send your child with a reusable Water Bottle! ☺