

LSK CAFETERIA MENU

NOVEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY BREAKFAST: <ul style="list-style-type: none"> CEREAL/OATMEAL TOAST/BAGELS FRESH FRUIT GRANOLA BARS CHEESE/YOGURT MUFFINS 	DAILY SANDWICHES: <ul style="list-style-type: none"> HAM & CHEESE WOW BUTTER & JAM JUST WOW JUST JAM CHEESE WIZ 		1 Breakfast - Continental Lunch - Pepperoni Pizza Flat Bread, Pepperoni, Low Fat Cheese, Salad	2 Breakfast - Continental Lunch - Meatloaf dinner Meatloaf, Potatoes, veggies
5 Breakfast - Continental Lunch - Crispy Chicken Wraps Chicken Strip, Wrap, Lettuce, Cheese, Sweet potato fries	6 Breakfast - Continental Lunch - Hamburger Gravy Lean Ground Beef, Mashed Potatoes, Veggies, Roll	7 Breakfast - Continental Lunch - Lasagna & Salad Homemade lasagna, salad, condiments	8 Breakfast - Continental Lunch - REMEMBRANCE DAY HAM DINNER	9 Breakfast - Continental Lunch - Meatball Subs & Salad Meatballs, Bun, Cheese, Peppers & Onions NO SCHOOL FOR GRADES 7-12
12 REMEMBRANCE DAY NO SCHOOL	13 Breakfast - Continental Lunch - Chicken Bowl Mashed potatoes, Popcorn Chicken, Corn, Cheese, and Gravy	14 Breakfast - Continental Lunch - Hamburgers & Salad Beef Patty, Bun, Condiments, Salad	15 Breakfast - Continental Lunch - Creamy Tomato Chicken Penne Pasta & Garlic bread Penne pasta, tomato sauce, cream, garlic bread.	16 Breakfast - Continental Lunch - Chicken Balls & Rice Breaded Chicken, Rice, and Cooked Veggies, Egg Roll
19 Breakfast - Continental Lunch - Garlic Fingers & Salad Flat Bread, Low Fat Cheese, Salad	20 Breakfast - Continental Lunch - BBQ Chicken Breast BBQ Chicken Breast, Mashed Potato, and Corn	21 Breakfast - Continental Lunch - LANGUAGE FESTIVAL ROAST DINNER	22 Breakfast - Continental Lunch - Chicken Alfredo Alfredo Sauce, Chicken, Garlic Bread	23 Breakfast - Continental Lunch - Soft Beef Tacos & Rice Soft shell tacos, Taco beef, Rice
26 Breakfast - Continental Lunch - Kaiser & Chips Kaiser, Ham, Salami, Cheese, Chips, Condiments NO SCHOOL FOR GRADES P-6	27 Breakfast - Continental Lunch - Spaghetti & G Bread Spag Noodles, Ground Beef, Tomato Sauce, Garlic bread	28 Breakfast - Continental Lunch - Baked Chicken Penne Penne Pasta, Creamy Tomato Sauce, Garlic Bread	29 NO SCHOOL	30 Breakfast - Continental Lunch - Chicken Burgers Bun, Chicken Burger, Sweet Potato Fries

*Milk is provided with Breakfast & Lunch daily!!

*We now have a water bottle filling station if you would like to send your child with a reusable water bottle! ☺